

JEFFERSON COUNTY EARLY START PROGRAM

EARLY START is a program for children under three years of age. The goal of the program is to help you, the parent, make sure your child grows up healthy and ready to learn in school.

If you, or someone you know, has a baby under three years of age, and needs help with parenting skills, stress management, or has concerns about the baby's development, **EARLY START** can help. You are under no obligation to accept any services. Should you decide you want to be involved, **EARLY START** staff will arrange to come to your home, at your convenience, to talk with you and screen your child.

Some of the services available to you and your child are:

- * Screening of child health and development
- * Parenting education
- * Parent support groups
- * Home visits
- * Communicable disease education done privately in your home
- * Nursing visits in your home
- * Stress management/anger management for parents
- * Mentoring-someone to help you with problems that "agencies" cannot help you with
- * Literacy help along with the School to Work Lab
- * GED classes
- * Transportation to parenting activities
- * Referrals to specialized services for you and your baby

For more information contact **EARLY START** staff at:

Jefferson County Dept. of Human Services 282-0961

Jefferson County Community Action Council 282-5465